

The background is a solid dark blue color. It is decorated with various hand-drawn, colorful elements: a green scribble in the top left, a yellow square with a blue outline in the top center, a blue square in the top right, a yellow square with a blue outline in the middle left, a yellow circle with a red base in the middle right, a green scribble in the bottom right, a green square in the bottom left, a blue square in the bottom center, and a red square in the bottom right.

School Re-entry for School Counselors: *High School Edition*

SANDI LOGAN-MCKIBBEN, PHD, NCC, NCSC, ACS, BC-TMH

RACHEL KUSHER, EDS

Agenda

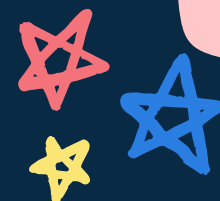
- INTRO
- REVIEW OF CURRENT CHALLENGES
- 3 MUST-DO'S
- 3 DON'T DO'S
- BREAK OUT
- SELF-CARE
- CLOSING REMARKS



HELLO

Who do we have in the room
today?

use the chat to say hello and what
school district you are from?





Are you ready to go back to school?

HOW PREPARED DO YOU FEEL FOR RETURNING TO CAMPUS?

1= NOT AT ALL PREPARED

5= COMPLETELY PREPARED

Introductions: Rachel Kusher, Ed.S


- ✿ Former district coordinator in Gwinnett County, GA
- ✿ Current School Counselor Marjory Stoneman Douglas High School in Parkland, Florida (Broward County Public Schools)
- ✿ Average caseload: 600-800 high school level, four counselor minimum per school. Large high schools (my school is 3,300)
- ✿ Current Emerging Leader with Florida School Counseling Association

Introductions: Sandi Logan-McKibben, PhD, NCC, NCSC, ACS, BC-TMH

- * Former School Counselor in Southern California
- * Average caseload: 1,200 (split between 2 schools)
- * 1st School Counselor at both of my schools (no job description or CSCP in place)
- * Former President of Orange County Chapter of CASC

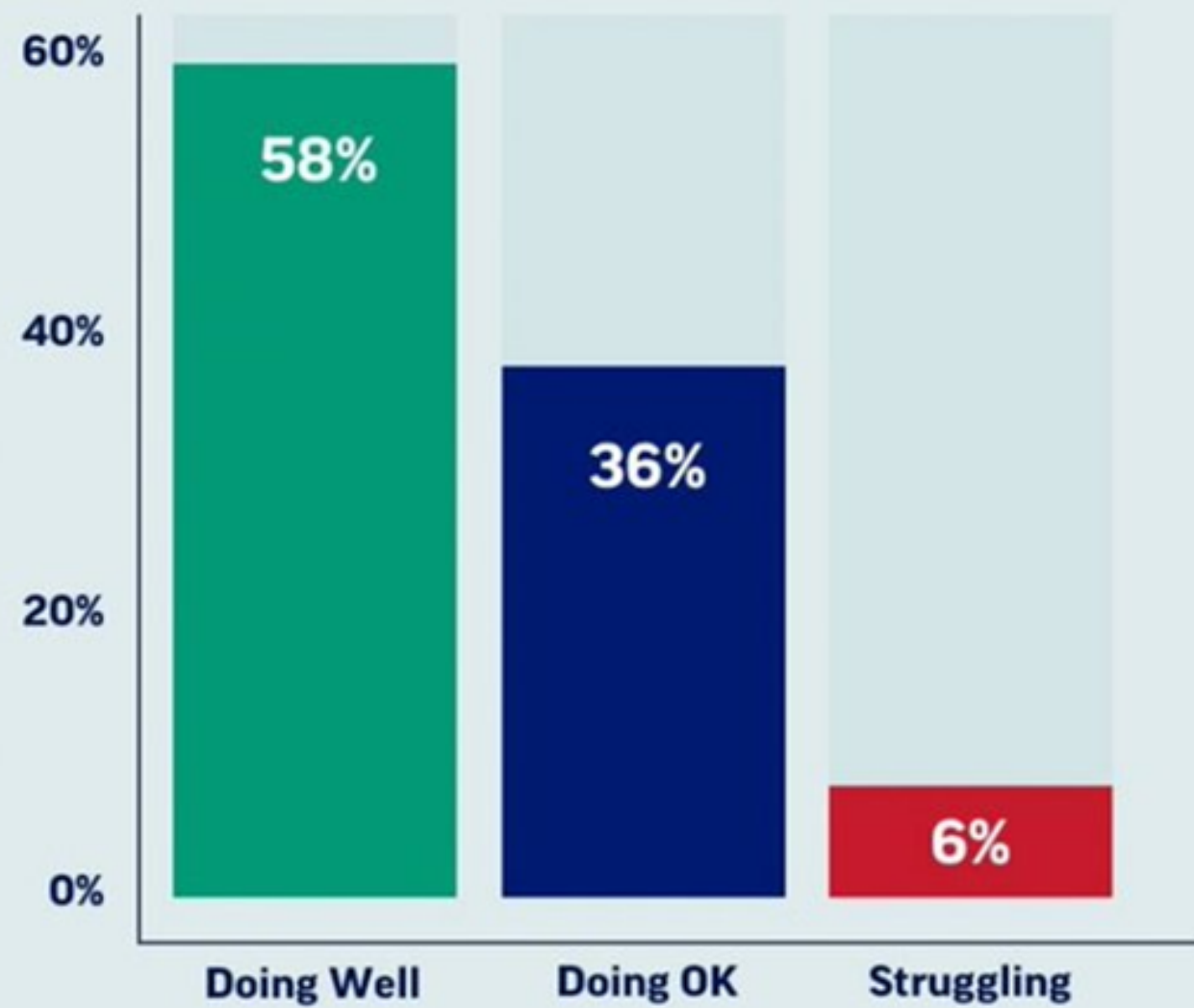
A decorative border at the top of the page features various colorful shapes and patterns: a red square, blue circles, a yellow diamond, a red swirl, a green triangle, a red swirl, a pink semi-circle, and a blue arrow.

Challenges Returning to School

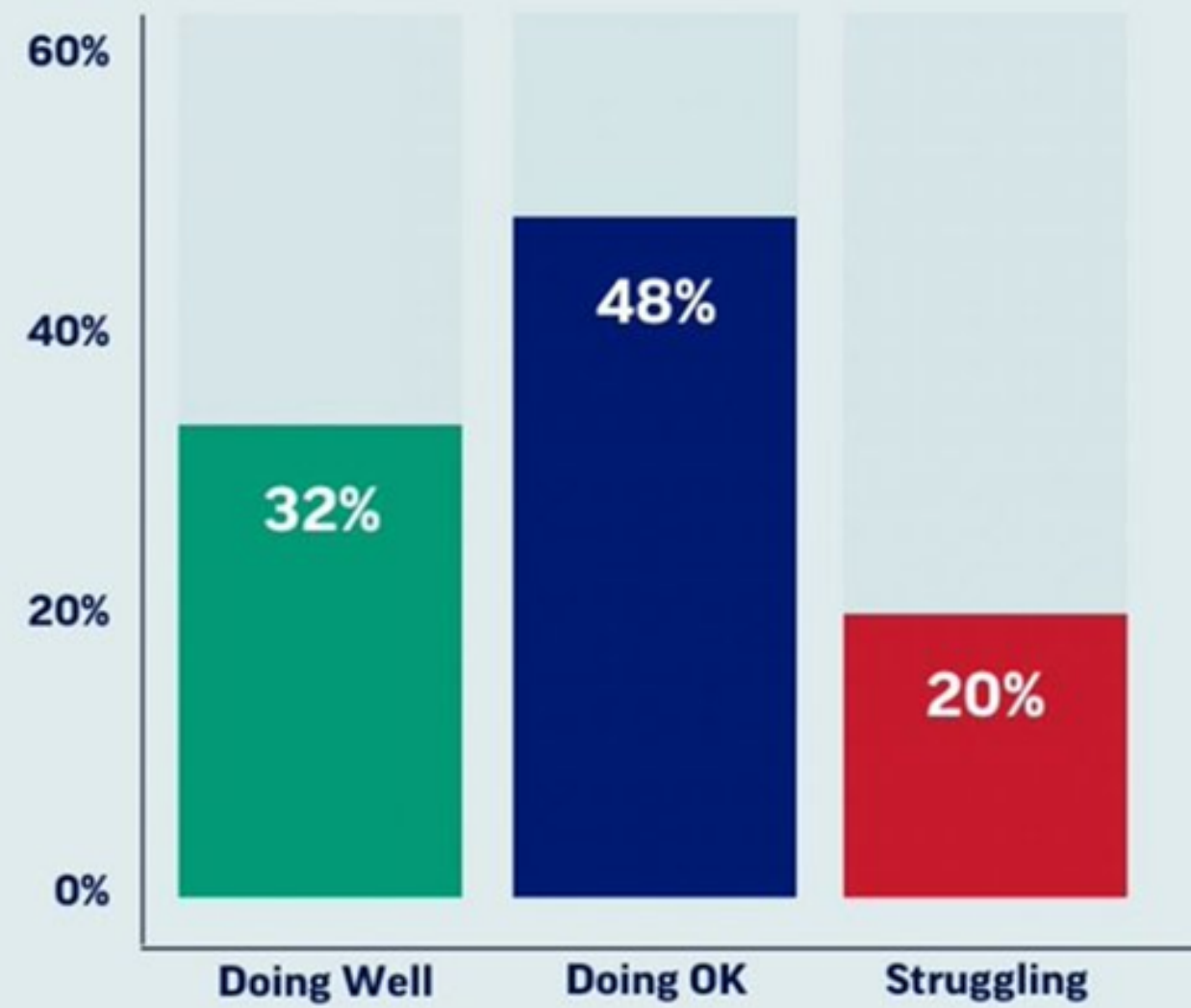
- Feelings of disconnection/isolation & being overwhelmed or nervous (students & staff)
 - Academic progress or lack thereof may be difficult to ascertain
 - NO ONE has all the answers or necessary info; the situation remains fluid
 - Will need to build new systems/protocols for operations and communications
 - At risk of being utilized in non-counseling responsibilities
- 
- A decorative border at the bottom of the page features various colorful shapes and patterns: a red swirl, a yellow swirl, a blue L-shape, a red swirl, a green leaf, a yellow semi-circle, and three stars (two red, one yellow).

Students report significant academic decline since COVID

BEFORE THE PANDEMIC

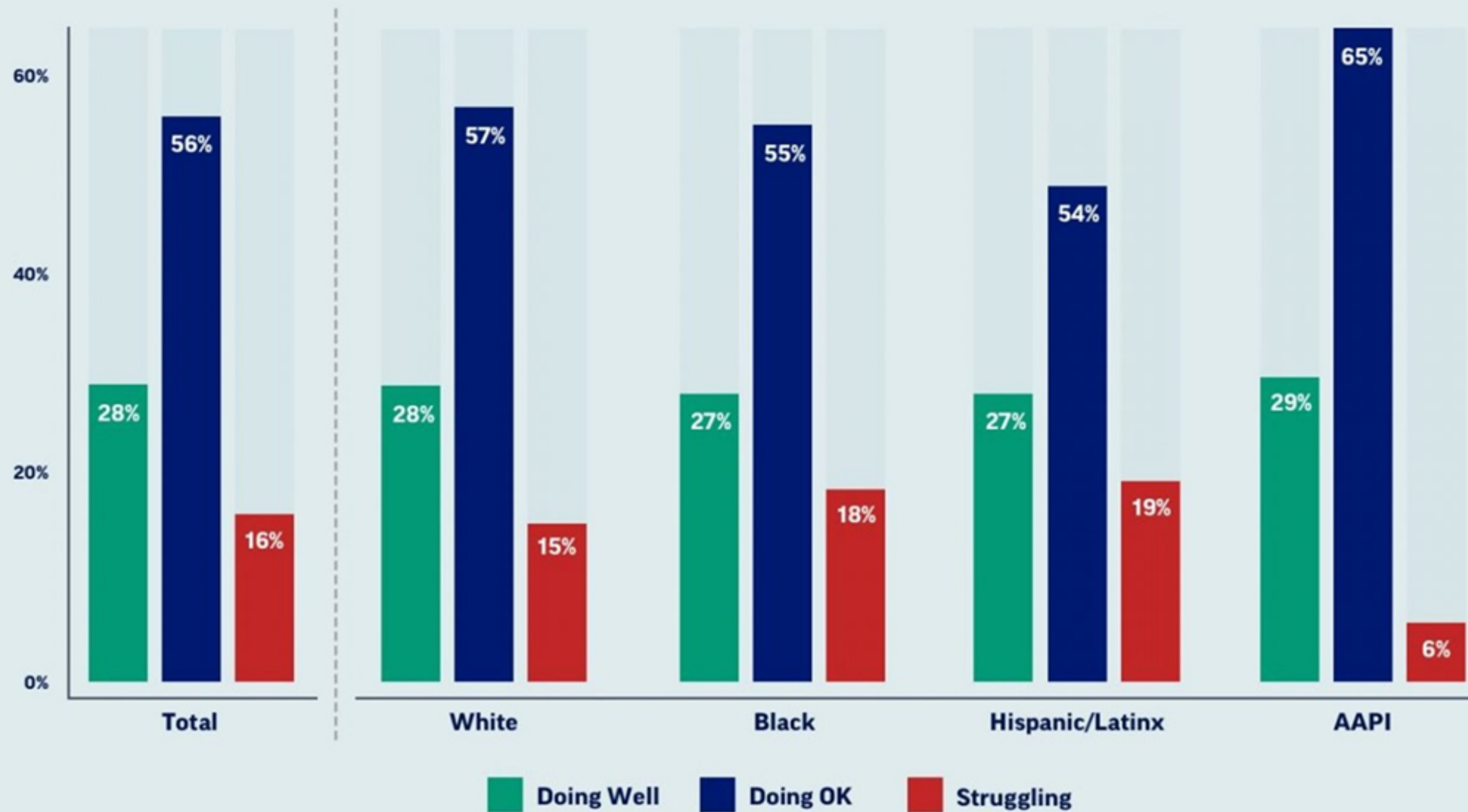


CURRENTLY

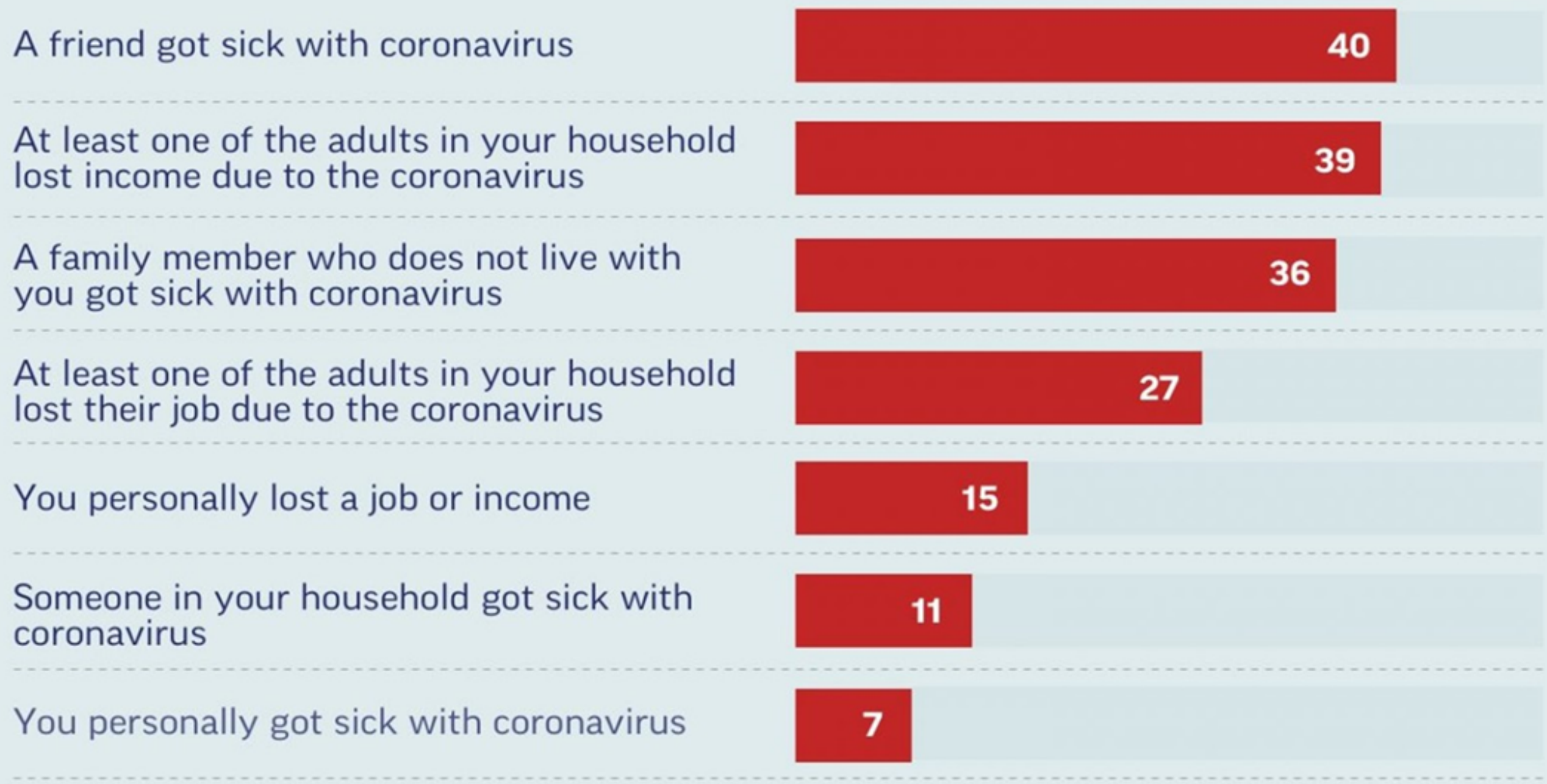


Most students 'doing OK'

Black and Hispanic/Latinx students are most likely to struggle.



4 in 10 know someone who got sick; suffer from financial hardship



Best Practices



VIRTUAL OFFICE

- Teams tiles for Synchronous learners



DAILY SEL IN EXTENDED 1ST PERIOD

- Teacher led
- District provided resource



COUNSELOR FORMS

- Students and parents
- QR codes



NEEDS ASSESSMENT

- Students (Minute Meetings)



USEFUL APPS

- Canva
- Google (forms, sheets, voice, slides)
- Microsoft (calendar, virtual meetings)
- Class dojo
- Social media
- Iphone notes app



ATTENDANCE

- Tracking who's where
-

3 Must-do's

FAMILY/STUDENT OUTREACH

- Consistent interaction with students and families not being academically successful
- Check-ins for all students social/emotional wellbeing upon return (mindfulness)

NEEDS ASSESSMENT

- Assess the students via Microsoft Forms, Google Forms, etc to determine your school's needs to drive program
- What small groups, classroom lessons, and school wide initiatives are necessary for growth and healing?


FLEXIBILITY

- Plan to be flexible and responsive to the needs of your school.
- Consistent communications with all administrators, teachers, families and students



3 things you should refrain from doing:


BUSINESS AS USUAL

- Refrain from assuming that school is business as usual
 - It takes time for students and teachers to adjust to the "new normal"
- 

ASSUME STUDENTS ARE IN THE KNOW

- Remember this is the second first day of school for many of your students!
- Some have never been on campus, need maps, procedures, bell schedule, etc.

WORKING IN ISOLATION

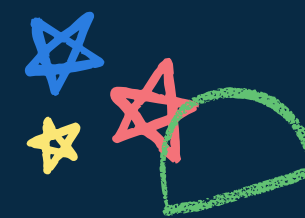
- Refrain from working by yourself
 - It can be lonely in office with door shut all day. Make time to collaborate and have fun with colleagues!
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Group Discussion

Identify one of the **MUST DO's** that you will return to your school committing to do.

What barriers might you need to consider? Who are your allies that can support your efforts?

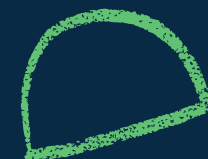


Takeaway(s)

1. Collaboration & Communication are key.
2. Having an "I can, I will" mindset is helpful.
3. Operate with a sense of establishing NEW norms; not just the status quo.
4. You can't do ALL THE THINGS; give yourself/others grace.
5. Student well-being should be at the forefront of all that you do.



**Send yourself an
email RIGHT
NOW... about your
commitment!**



Self-care



SCHEDULING BREAKS

Build-in time into your schedule for some "breathers"



JOY

Make sure that you are doing things personally and professionally that bring you joy



TEND TO YOUR PERSONAL NEEDS

- Fitness
- Nutrition
- Personal relationships
- Hobbies
- Music

Q & A

What questions do you have?



How can we be of assistance and support to your school
re-entry?



Resources

ASCA Virtual School Counseling Resources

Planning for Uncertainty: An Educator's Guide to Navigating the COVID-19 ERA

1-Dialogue with stakeholders, 2-Consider your school climate, 3-Apply an equity lens

The Role of SEL in Reintegrating to In-Person Learning: 6 Tenets to Guide Your Transition

1. Educator resilience must come first.
2. Check-in on students' SEL and well-being--early and often.
3. Build & strengthen Tier 1 SEL supports.
4. Every child deserves individualized support from a caring adult.
5. Help students heal & cope through trauma-response SEL.
6. Partner with caregivers & community organizations to smooth the transition for students.

Feel free to get in touch

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